

2024 NZ Secondary School Canoe Racing National Championships

20-22 March, Lake Tikitapu

Event Information Guide #2



Proudly run in collaboration with Waka Ama NZ



wakaama
Outrigger / Va'a / New Zealand



TE WAIARIKI PUREA
CHARITABLE TRUST



Nearly 110 youth paddlers from 34 schools have entered in the inaugural 2024 New Zealand Secondary School Canoe Racing National Championships, and we look forward to welcoming you to Lake Tikitapu!

The event, proudly run in conjunction with the 2024 Waka Ama Secondary School Nationals, will be a true spectacle of paddling in Aotearoa as two paddle sports come together to recognise and celebrate secondary school aged paddlers.

Key Information

Event Location: Lake Tikitapu (Blue Lake), Rotorua

Event Date: Wednesday 20th – Friday 22nd March 2024

The inaugural 2024 New Zealand Secondary School Canoe Racing National Championships will be held over two and half days at the spectacular Lake Tikitapu, in conjunction with the [NZ Waka Ama Secondary School National Championships](#).

Racing will include single person kayaks (K1) in 250m races, distance races (between 1.5-2.5km) with portage and 4x100m school team relay races.

Age group divisions will include 14years & under, 16years & under and 18years & under. Canoe Racing NZ aims to lower barriers to participation through the provision of equipment across all divisions.

This event is disability inclusive.

This is a School Sport New Zealand sanctioned event and is subject to requirements of a range SSNZ criteria as they refer to eligibility of students and teams, the SSNZ Integrity Framework, and sanctioning conditions. For more information: <https://www.schoolsportnz.org.nz/>

Event staff:

CRNZ Event Manager: Karen Simpson-Warren
karen.simpson@canoeracing.org.nz, 027 444 5596

Chief Official: Matt Warren

Disability Inclusion Support: Aaron Osborne, aaron@crnz.org, 02102552355,

This Event Information Guide #2 contains more specific race/venue information and is supplementary to Event Information Guide #1.

Event Schedule

Event Programme

The NZSS Waka Ama Nationals begins on Monday 18th March with venue set up (including school tent setup) and Powhiri/Day 1 of waka ama racing on Tuesday 19th March.

The Canoe Racing event begins on the afternoon of Wednesday 20th March and is incorporated into the Waka ama event. See tent information further down this guide for details re tent set up for canoe racing schools.

Wednesday 20 March- Canoe Racing Day 1	
10.00am-2.00pm	Practice sessions in CRNZ-provided craft available. Sign up required!
12.00pm	Paddler registration until 3pm – All paddlers/team managers must register their attendance and collect team manager packs. Venue TBC
1:00pm	COMPULSORY - Canoe Racing NZ Team manager meeting for long distance event in the Water Ski club
3.00pm	Marshalling opens for Canoe Racing long distance events
3.30pm	Canoe Racing Long Distance event – first race starts. Division (age/genders) races will be run consecutively.
Thursday 21 March- Canoe Racing Day 2	
7:00am	Paddler registration (if unable to collect on Wednesday), until 7.45am. Venue TBC
7:45am	Team managers meeting, immediately following the waka ama team manager meeting in the Water Ski club
8.00am – 5.15pm	Day 2 racing begins <ul style="list-style-type: none">- K1 Male/Female 250m Sprints - Heats & Semifinals- K1 Female Team Relays (4x 100m Sprint)
Friday 22 March- Canoe Racing Day 3	
8.00am – 12.30pm	Day 3 racing begins <ul style="list-style-type: none">- K1 Male/Female 250m Sprints – Finals <i>A and B finals will be run.</i>- K1 Male Team Relays (4x 100m Sprint)
From 12.30pm	Prizegiving – this will include waka ama and canoe racing events

Race Programme/Draw

The final programme and the draw will be sent out to team managers and published on the Canoe Racing NZ /Waka Ama NZ websites no later than Friday 15th March.

It is team manager responsibility to ensure paddlers are able to compete in the races they have entered (eg no clashes with waka ama races they may also be racing).

We have made up some mixed school relay teams for students that did not have enough schools team mates to make a team.

All paddlers- please check lane draws to see if you have been included in a team.

Practice Sessions -Wednesday 20th March

These are opportunities for entrants in the Canoe Racing Secondary Schools event to practice in the CRNZ-provided boats that they will be using for their racing (see craft details below).

These sessions will be 45minute time slots, at the following times:

Wednesday 20th March:

- 9.00 -9.45am
- 10.00 -10.45am
- 11.00 -11.45am
- 12.00 -12.45pm
- 1.00- 1.45pm.

Coaching Support/water safety will be present.

The number of spaces in each session are limited for safety and craft management purposes so you **must** book your spot to secure a session. This is first in, first served.

[Register here](#)



Contact Danika (CRNZ) – danika@crnz.org or 021 202 6154 if you wish to try arrange group practice sessions on Tuesday for your school group.

Wednesday sessions at this stage are limited to entrants of the Canoe Racing events only.

If your school has Waka ama paddlers who are not participating the canoe racing event but wish to try kayaking on the Tuesday, please contact Danika

Parent/Guardian consent will be required, so this needs to be arranged prior.

Race Categories

Participants can compete in the following events based on their age:

Individual (K1) racing			
<u>Age Groups / Category</u>	<u>Divisions</u>	<u>Sprint</u>	<u>Long Distance</u>
14 & Under	Male & Female	K1 250m	1730m = 2 full loops plus 250m final straight (2 portages carrying paddle)
16 & Under	Male & Female	K1 250m	1730m = 2 full loops plus 250m final straight (2 portages carrying paddle)
18 & Under	Male & Female	K1 250m	2470m = 3 full loops plus 250m final straight (3 portages carrying boat)
Para canoe (all age groups, all impairments)	Male & Female	K1 250m	<i>Contact Disability Inclusion Support staff if Paracanoe paddlers would like to compete in the distance racing.</i>
School Team Relays			
14 & Under 16 & Under 18 & Under	Male & Female	4x100m Teams Race	

Long Distance events

This will include a mass start for each age/gender group, and consist of multiple laps of a loop course with portages (short run) between laps. This means they will get out of their boat, run a short distance carrying either their paddle or boat, then re-enter their boat and begin their next lap.

14&U/16&U - These age groups will portage **carrying their paddle only**.

Each paddler will require a **'handler'** (designated helper) to turn their boat around while they are running and getting it ready for paddler to re-enter. This person could be another student or parent/teacher.

18&U - paddlers will portage **carrying both their paddle and their boat**.

Further instructions and course layout will be prior to racing on the day.

School Team Relays

School team relays consist of each of the 4 paddlers competitor racing a 100m leg sequentially, in opposite directions. The next paddler may start once the nose of their predecessor passes the line signalling 100m.

School relay teams of 4 paddlers are gender and age group specific. Eg 4x 14&U males. Team members can be of mixed gender and mixed year groups; however, they compete in the males' team race of the eldest team member. Each paddler may only race in one team relay.

Team managers are responsible for allocating teams for their school.

CRNZ may combine paddlers to create mixed school teams to allow more participants to take part. Mixed school teams are not eligible for national titles/placings but may be recognised separately.

Any changes to relay teams following the final schedule/draw publication must be approved at the team manager meetings.



Race Craft and Equipment

The following race craft will be provided for each age group:

<u>Age Groups / Events</u>	<u>K1 250m</u>	<u>Long distance</u>	<u>Team relays</u>
14 & Under	Nelo 510 ski	Nelo 510 ski	Nelo 510 ski
16 & Under	Nelo Viper 46 ski or Nelo 510 ski	Nelo 510 ski	Nelo 510 ski
18 & Under	Own K1 or Viper ski or 510 ski	Own K1 or Viper ski or 510 ski	Own K1 or Viper or 510 ski

It is vital for paddlers using CRNZ provided craft that they return their boat as soon as they have finished their race to ensure steady roll-over of craft.

Boat Weight

For 18&U paddlers using their own K1, weight and length restrictions apply per CRNZ rules..

Max length 520cm, minimum weight 12kg.

Individual K1s may be randomly weighed and inspected.

Number holders

All boats should carry a boat number situated behind the paddler. CRNZ-provided boats will be equipped. 18&U paddlers are responsible for ensuring their own boats have number holders. Numbers are provided to athletes at race control prior to their race.

Paddles

Paddlers may use their own paddles.

CRNZ will have a supply of Nelo paddles (size small, approx. 500cm²) available.

Personal Flotation Devices (PFDs)

It is **compulsory** for all paddlers to wear PFDs/lifejackets during all practice and racing associated with this event.

These must be jacket style. Waist belt and inflatable styles - are NOT permitted.

Paddlers/schools are responsible for providing their own life jackets, which must be approved Personal Flotation Devices. Schools without, or with incorrect lifejackets will be disqualified from racing. CRNZ will have a small supply of PFDs available to be used.

Gold Clam- Stop the Spread

Due to the biosecurity risk of the transmission of the invasive gold clam species into the Rotorua lakes, the following procedures are in place with regards to kayaks and paddling equipment/attire arriving from within the Waikato Region.

Paddlers coming from the Waikato region must:

Follow the CHECK, CLEAN, DRY procedures on craft and/or paddling equipment/attire at least 48 hours prior to traveling to Lake Tikitapu:

CHECK and flick off any visible matter like weed, mud or adult clams at the lake or river. Drain river or lake water, including removing bungs or opening hatch covers in case there is water in enclosed areas and leave to dry.

CLEAN it for invasives that are invisible (eg juvenile clams, algae, fish eggs, weed fragments): Blast your boat inside and out with a hose, using tap-water and onto grass, beside the waterway, at the club or at home and not into a stormwater drain system. Blast the paddle as well, especially if it has a split shaft.

And, for **absorbent materials**, that stay wet longer:

- Soak in hot water above 60°C for at least 1 minute, or between 50–54°C (hot household tap-water) for at least 5 minutes, or above 45°C for at least 20 minutes OR
- Mix household bleach in a 10% (1 in 10) ratio with water and immerse for 1 hour. OR
- Freeze it all until solid (overnight).

DRY areas inside the boat where water has pooled with an old towel. The outside of the hull dries when towed. Dry to touch and then leave the boat to completely dry for another 48 hours. This will further reduce survival.

Additionally, if a craft has been used in or on any part of the Waikato River in the past 30 days:

a) The craft must be cleaned at [The Wash Place located at 338 Te Ngae Road, Rotorua](#) in accordance with the cleaning requirements that are that are displayed within each wash bay at The Wash Place; and

b) After washing the craft at The Wash Place, the person must:

- i. Scan the QR Code displayed within each wash bay at The Wash Place using a mobile device and filled out the online form that opens on their mobile device; or
- ii. Taken a video on a mobile device showing that they washed their craft at The Wash Place.

These are legal requirements under the [Te Arawa Lakes Controlled Area Notice](#) given under section 131 of the Biosecurity Act 1993 (the Act) by a Deputy Chief Technical Officer of the Ministry for Primary Industries.

Race Information

Team Managers

Each school must have an allocated a team manager. Event information will be sent to the team manager to distribute to their paddlers. The team manager will be the primary contact person before and during the event and it is their responsibility to ensure paddlers receive the required information.

Team manager packs will be provided at event registration and will include a coloured programme, one draw, protest forms, and managers forms.

Only the team manager can request changes to entries or lodge protests to the Chief Official.

CRNZ Team Manager Whatsapp Group- CRNZ event organisers will create a Whatsapp Group chat and invite all team managers to join. This will be one form of communication throughout the event to share any changes/updates to schedule, weather delays or information to pass on to paddlers.

Team Manager Meetings

The first team manager meeting will be held **Wednesday 20th March at 1pm** in the waterski clubrooms, for those with paddlers entered into the long-distance events.

The second team manager meeting will be held around **7.45am on Thursday 21st March** in the waterski clubrooms, immediately following the Waka Ama briefing at 7.30am.

Only the team manager (or appointed proxy who must be advised to the event manager prior to the meeting) has authority to make alterations to entries at the team manager meeting. Any essential meetings during the event will be held in the waterski club.

Race Rules

This event is run under the [CRNZ Canoe Sprint Competition Rules 2023](#).

It is the paddler's responsibility to ensure they are familiar with the race rules.

Pre-race Marshaling

All paddlers must proceed through Marshaling tent (see site map below) before entering the K1 loading area and entering the water for their race start.

Announcements will be made over the sound speaker, calling for the paddlers in an upcoming race to go to the marshaling area. Each race will get three calls over the speaker system.

For example: "This is the first call for race number 166 CRNZ 16 & Under Males K1 250m Heat 1." "This is the 2nd call for race...."

Paddlers should be aware of their scheduled race time but keep in mind this is just a guide (racing could be running ahead or behind schedule). The announcements are the true source.

In the Marshalling tent, paddlers will be ticked off and will collect their lane numbers to put in their boat. All paddlers should be in correct school race uniform and have their PFDs.

K1 Loading Bay

In the K1 Loading area, paddlers will be allocated a kayak (apart from 18U paddlers using own boats) and assisted to set it up correctly.

We recommend two people to carry boats- there will be helpers in the area to assist with carrying and set up of boats.

Paddles and PFDs will also be provided here if paddlers require it.

Paddlers must go straight to the start area- there is no warm up period.

Following their race, paddlers must return the kayak and boat number to the boat set up area immediately.

Race Starts

All competitors should be at the start line in plenty of time for their race and well before the “3 minutes to start” call.

Starters will not wait for absent paddlers unless instructed by the Chief Official.

Paddlers should ensure they remain close to the starting area but off the course when they are due to race so they can hear the starter calling their start.

An athlete/crew, who arrives too late at the start, may be considered to have voluntarily withdrawn and be disqualified for the remaining races of the competition (DNS).

Starting Procedure:

The starter will call the name of your race (e.g. U14 Mens K1) and will call your name and lane number to bring paddlers up to the start line. Ensure you know what lane number you are.

The starter will try to get you in a straight line on the start line and will call you “Forward” or “Back” to do this. Listen for your lane number, they may say “1 Forward” to get lane 1 to come forward or “3 back” to get lane 3 to back up. Make sure you know which coloured buoy is your lane (see below) so you are in the correct lane.

A hooter sound will signal the start of the race. When everyone is lined up correctly, the instruction will be “Ready – Set – Hooter”.

Do not start paddling before the hooter sounds.

False Starts

In the case of a false start, the Starter will immediately give a loud buzzer sound signal. On hearing this signal all athletes must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending athlete(s) and boat(s) making the false start and give them a warning.

In the case of a second false start by any paddler, the offending boat will be disqualified (DSQ) from the race and must leave the starting area and the course immediately.

Disqualifications (DSQ)

An athlete/crew who breaks the rules before, during, or after a race must be disqualified from that race and will not progress further in that event (DSQ).

Disqualifications must be confirmed by the Chief Official in writing immediately, giving the reasons. The Team Manager of the athlete/team must acknowledge the receipt on the notice copy with the exact time, which marks the start of the protest time.

Protests and Queries

Protests may only be lodged by the Team Manager in written form (form included in Team Managers pack) and handed to the Event Manager or Chief Official. All protests must be accompanied by a fee of \$50. The fee will be refunded if the protest is upheld.

Paddler withdrawals/Team Relay Changes

All changes including withdrawals must be made on the Team Managers form and lodged with the Chief Official by the Team Manager as soon as possible.

International Paddlers

We are pleased to welcome some international paddlers to this event. International paddlers are not eligible for national titles/placings but may be recognised separately.

Support Paddlers

Support paddlers are permitted to follow or paddle alongside Paracanoe paddlers.

Support paddlers will be assessed on a case by case basis and **MUST BE APPROVED BY** the Event Manager. Contact the Event Manager or Disability Inclusion Support for consideration.

Lane Information

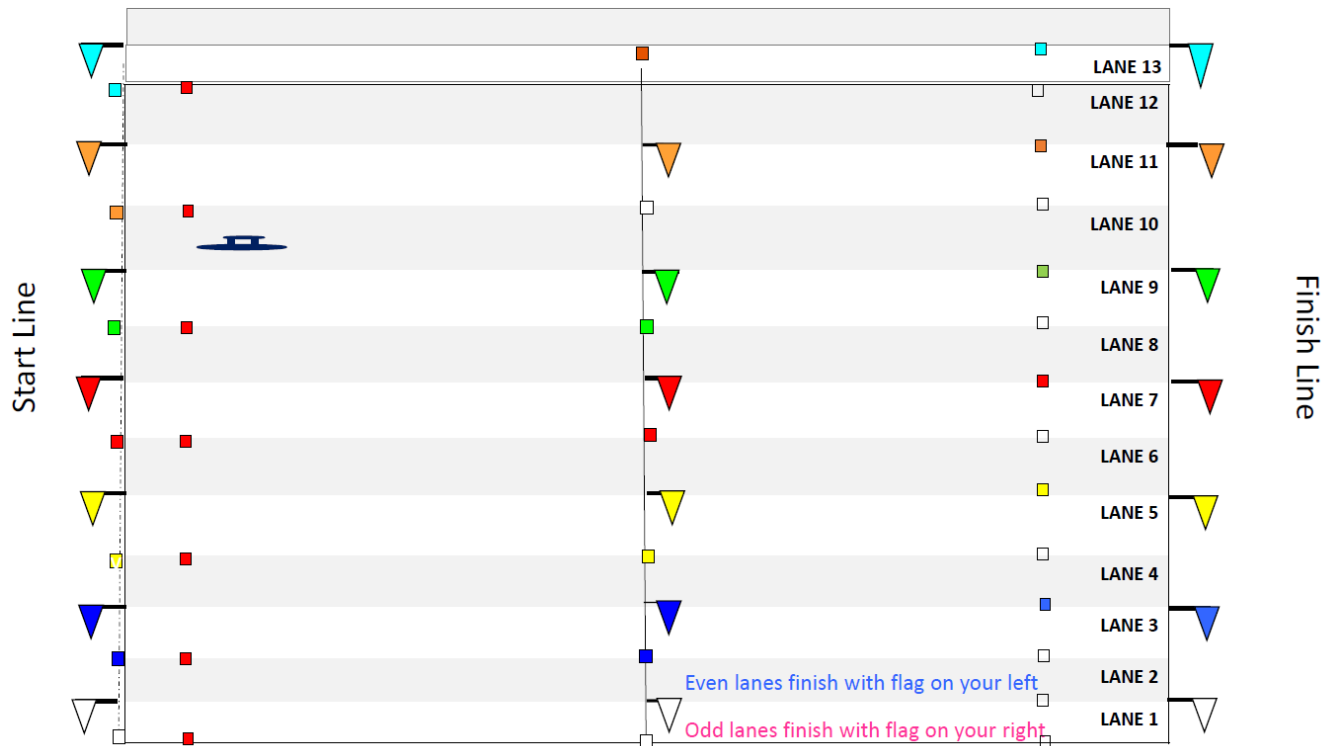
Racing will be held in the Waka ama Half lanes.

There will be up to 9 lanes used in the kayaking events. Lane 1 is the closest lane to the beach.

Different coloured flags and buoys will mark each lane.

Odd lanes (1,3,5,7,9)- must keep half lane flags on their right. Buoys will be on their left.

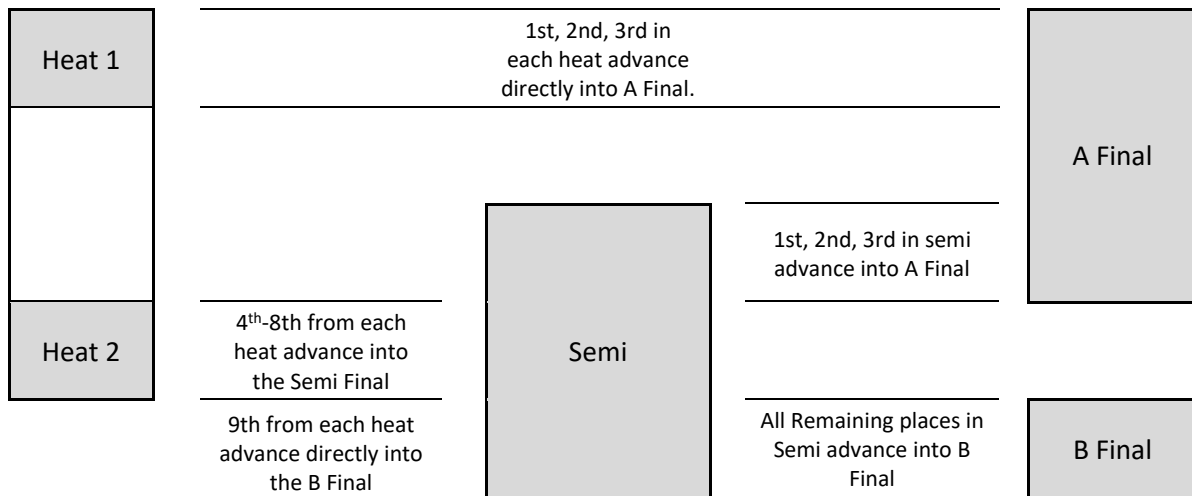
Even lanes (2,4,6,8)- must keep half lane flags to their left. Buoys will be on their right.



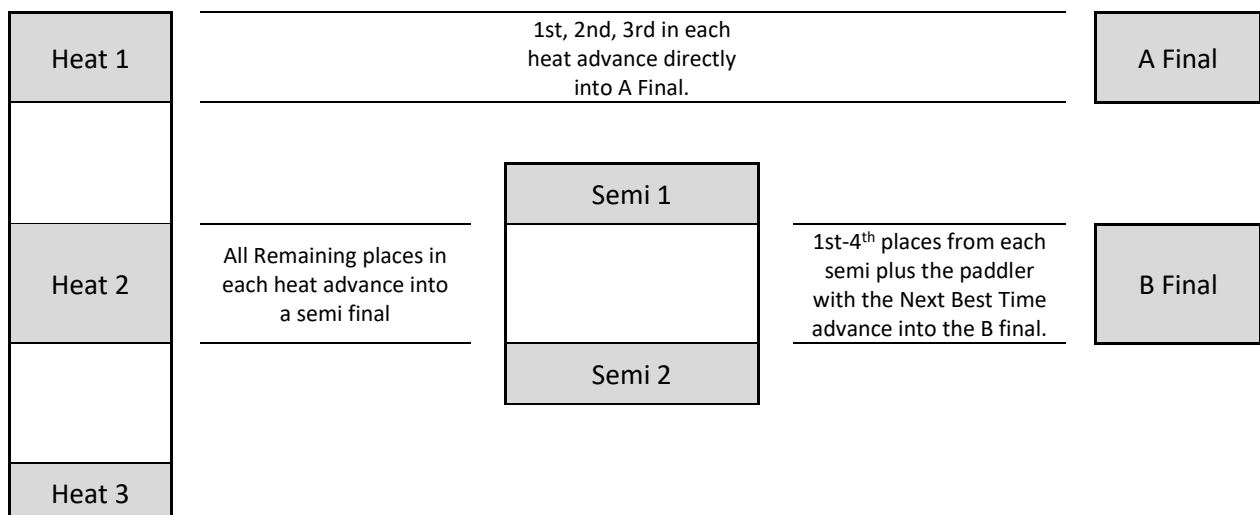
Progressions

For 250m K1 Sprints, progressions will be as follows:

2 Heats (9-18 paddlers)



3 Heats (17-24 teams)



The Long-Distance races and School Team Relays are straight finals.

Event Site information





- Colour & Key Code**
- Marshalling ▲
 - K1 Loading Bay ◆
 - W1/K1 Loading Bay ◆
 - Fencing ---
 - Paddler Entry & Exit ●●●
 - Walkway —

School Tents

Schools will be allocated space for tents in the Village based on the number of students you are bringing. Schools with both canoe racing paddlers and waka ama paddler will be in one tent. There will be CRNZ tents set up in the VIP area for schools with a small number of paddlers to utilise.

Information on tent sites will be sent to team managers prior to the event.

No tents can be erected until midday (12 noon) on Monday 18th March. Any tents erected prior to that will be removed.

LOOKING AFTER YOUR TENT - please check daily that your tent is securely pegged. If leaving up overnight, remove the roof or lower the tent in case of strong winds overnight. Ensure that your tent is secure overnight and remove any belongings that might fly away should the weather turn overnight.

SAFETY REQUIREMENTS- If you are going to use a generator and extension cords you are required to have them checked by an authorized electrician. Documentation must be presented to the Village Coordinator authenticating that they have been checked and are in good working order. Failing to do so may result in the Site Manager requesting that the use of the equipment be discontinued.

Kayak Storage

For 18U paddlers bringing their own boats, there will be kayak storage on CRNZ trailers overnight near the K1 Loading Bay. There will be security on site overnight from Tuesday- Friday.

Drug, Smoke, Vape and Alcohol Free

The entire venue is smokefree and vape free. Any drugs or alcohol will be confiscated from this event.

Refreshments

There will be vendors onsite selling healthy kai. There will be taps available for filling water bottles. PLEASE bring your own drinking bottles.



Recycling and Rubbish Bins

RUBBISH- wheelie bins for rubbish will be located throughout the site. We ask that the bins remain in the areas they are placed, and keep the lids closed. Please ensure your paddlers are managing the rubbish in your area – if you see any rubbish around your tent or on the beach, please pick it up.

RECYCLING - Recycling bins are situated at the back of the playground. Please ensure that only recyclable materials are put in the bins with yellow lids.

Disability Drop-off Point and Car Passes

There will be a designated disability drop off area for those with authorized disability permits. Please note, this is a drop off area ONLY. Once you have dropped off your passengers you will be asked to leave the area, as this needs to be kept clear for foot traffic and emergency services.

Only those with an official CAR PASS issued by the Event Manager will be granted vehicle access to the event.

First Aid

Peak Safety will be onsite to provide First Aid. Please remind your students to bring their EpiPens, Asthmas inhalers and any other medications should they require them. Please ensure these are always accessible.

Volunteers required in Boat Set up Area

All events rely on the support of volunteers to help run smoothly, and we would appreciate if any parents, supporters, etc would be willing to help out for a short period of time throughout the event. Volunteers are required in the boat set up area on Thursday/Friday assisting paddlers with setting up their CRNZ-provided craft, and ensuring a steady roll-over of boats to keep the races on schedule.

No experience is required, CRNZ crew will show volunteers how the boats work.

If you are available to help and to see time slots where help is required, please click here: <https://forms.office.com/r/ditq50TBG9>



Event information

Results

Results for both Waka ama and kayaking events will be available as they happen on www.liveresults.co.nz

Live Streaming

Races for 16U and 18U age groups are intended to be live streamed.

14U races **will not** be live streamed, due to the School Sport NZ Broadcast Charter which prohibits live broadcasting of events for students under the age of 15 years.

Students/Schools have the right to opt-out of live streaming. See the Waka Ama and CRNZ social media pages for links to live streaming.

Water Safety

Conditions will be monitored and evaluated throughout the regatta. In the event of unsafe paddling conditions, racing will be delayed until those conditions have passed.

Race Control will be used to stop paddlers getting onto the lake if conditions are unsafe. If instructed to remain at race control, paddlers must do so.

On-water safety boats will be monitoring the course area and come to the assistance of paddlers in the event of a capsize, as soon as possible. If remounting is not possible, paddlers should hold onto their craft and wait for assistance.

Capsize skills

All paddlers should be able to right and remount an open-top craft, in the event of a capsize.

Prior to the event, all students should practice capsizing and remounting in a safe and controlled environment whilst wearing a PFD/lifejacket prior to the event to ensure they are proficient and comfortable with this skill.

Check out a demonstration and explanation of how to remount a surf ski on the Paddler website- <https://www.paddler.nz/paddlesafe>

Weather Conditions

You should expect wind, rain and sun during the event. Schools are advised to bring their own protection from the elements, including strong pegs for the tents. Ensure students have sunblock, hats and raincoats. Umbrellas are great for sun as well as rain.

Please note, it can and has been very cold in the past at this event. Ensure you have sufficient clothing to remain warm and dry between races.

Racing Attire/Uniform

Athletes must wear their official school race uniform when racing. If a paddler does not have a suitable school uniform attire, they must race in a plain black top or their club/national top.

Accessibility

As part of our commitment to becoming a more disability inclusive sport and event, CRNZ will provide a staff member to help with any accessibility requirements you may have.

If any paddlers have specific accessibility or support needs, please contact Aaron Osborne, aaron@crnz.org

