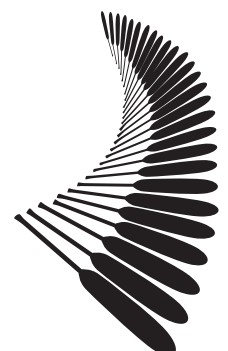




# EVENT GUIDE

**2024 NZCT NEW ZEALAND  
CANOE SPRINT  
CHAMPIONSHIPS**

***nzct***  
COMMUNITY TRUST



**CANOE RACING  
NEW ZEALAND**



The pinnacle of the canoe sprint domestic season, the 2024 NZCT Canoe Sprint National Championships will be held at Lake Karapiro in Cambridge.

We will see paddlers from all over New Zealand compete for national titles.



## Key Information and Dates

### Location:

**Mighty River Domain, Lake Karapiro**

### Date:

**19-21 April 2024**

Proudly supported by NZ Community Trust and the Waipa District Council, the Championships will be held over three days of racing at Lake Karapiro.

Distances will include 200m, 500m, 1000m, 2.5k and 5k both with portages (2.5k with paddle, 5k with boat) and cater to all age groups from 12&U right through to Masters. This is a disability inclusive event and will include para canoe events.

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### Event Manager

**Karen Simpson-Warren**

027 444 5596

[karen.simpson@canoeracing.org.nz](mailto:karen.simpson@canoeracing.org.nz)

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### Chief Official

**Aniwa MacKenzie**

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### Disability Inclusion Support

**Aaron Osborne**

02102552355

[aaron@crnz.org](mailto:aaron@crnz.org)

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### Deputy Chief Official

**Matt Warren**

## Race Programme and Lane Draw

A draft race programme and lane draw will be produced 10 days before the event, and will be emailed to Team Managers for review. The final programme and the draw will be published on the CRNZ website five days prior to the regatta.

## Entries

Registrations are to be completed through your club via the CRNZ online entry system.

Contact your club's allocated team manager to enter.

If you are racing as an independent (non-club member) or an international please enter directly using this link.

[Click Here](#)

If you any questions or issues with entries please contact Karen Simpson-Warren 0274445596 [karen.simpson@canoeracing.org.nz](mailto:karen.simpson@canoeracing.org.nz)

Entries close by midnight on 7th April.

## Entry Fees

Event	CRNZ Club Members	Non-Members
Novice, 12&U, 14&U	\$75	\$85
16&U, 18&U	\$95	\$105
23&U, Open, Masters	\$115	\$135





## Race Divisions

Participants can compete in the following divisions based on their age. Age is taken as reaching a specified age in the year of competition (the year of competition is from 1 January to 31 December)

Races include:

### Paracanoe men/women:

KL1, KL2, KL3, Open 200m

### Novice men/women:

K1 100m 200m, 500m

### 12&U\* men/women:

K1 100m, 200m 500m, mixed K2 200, mixed K4 200

### 14&U\* men/women:

K1 200m, 500m, K2 200m, 500m, mixed K4 200m, 500m, 2.5k includes portage with paddle

### 16&U men/women:

K1 200m, 500m, K2 200m, 500m, K4 200m, 500m, 5k includes portage with boat

### 18&U, Open Women:

K1 200m, 500m, K2 200m, 500m, K4 200m, 500m, 1000m 5k includes portage with boat

### Masters Women:

K1 200m, 500m, K2 200m, 500m, K4 200m, 500m, 5k includes portage with boat

### 18&U, Open Men:

K1 200m, 500m, 1000m, K2 200m, 500m, K4 200m, 500m, 5k includes portage with boat

### Masters Men 35-44, 45-54, 55+:

K1 200m, 1000m

### Masters Men:

K2 200m, 500m, K4 200m, 500m, 5k includes portage with boat (65+ No portage)

### Junior (16&U) Mixed:

K2 200m, K4 200m, 100m relay

### Senior (17 and Over) Mixed:

K2 200m, K4 200m, 100m Relay.

### For travel planning please note:

- 12 & Under and Novice divisions will only race on Saturday and Sunday.
- Para divisions: will only race on Sunday.

\* ALL paddlers aged 14 years and under are required to wear PFDs at all times while on the water.

## Novice:

An individual who is new to the sport and has not raced before may race as a Novice for two seasons in any single seat boat (e.g. a K1, TK1, multi-sport, or surf ski). A Novice may race in team boats in age group categories whilst still racing as a Novice in individual races for that season. A Novice cannot race a single seat boat in any other age group categories apart from Paracanoe. If entries allow, Novice junior class is U16, Novice open class is age 17 or older;

## 12&Under:

See CRNZ rules for boat specifications eligible for 12&U paddlers.

## 23&Under:

The K1 races will include the option for 23&U paddlers to choose to race in the 23&U age division. They will be raced with the Open races.

Competitors wishing to race as 23&U paddlers must notify CRNZ by the close of entries.

## Para Canoe:

CRNZ will have Para Canoe disciplines KL1, KL2, KL3 as well as an open category.

The open category is for anyone who is not eligible for the KL classifications or does not or has not been classified. For more information about para canoe and classification please visit <https://www.canoeracing.org.nz/get-involved/paracanoe/>



## Boat Specifications

Boats	12&U	K1	K2	K4	C1	C2	C4
Maximum length (cm)	520	520	650	1100	520	650	900
Minimum weight (kg)	N/A	12	18	30	14	20	30

The length of a kayak or a canoe must be measured between the extremes of the bow and the stern (NZ- length excludes an over stern rudder).

**12&U Specification:**

Maximum length 520cm, minimum width is 44.5cm 10cm above the bottom of the hull. There is no minimum weight.

## CRNZ Kayaks Available

CRNZ will have some boats available suitable for 12&U, 14&U, 16&U, Masters and Novice divisions, if paddlers/ clubs require. Contact Danika for information [Danika@crnz.org](mailto:Danika@crnz.org)

Boats with open cockpits and over-stern rudders are permitted for competitors competing in 16&U races or below, Masters and Novice races. This includes team boats, but all boats must meet length and weight requirements. Venturis/bailers are only allowed on open cockpit boats. (for clarification; 12&U may paddle boats with an open cockpit and over-stern rudder as long as it meets the length and width specifications)

## Number holders

All boats should carry a boat number. Therefore boats should have a number holder situated behind the paddler. Numbers are provided to athletes at race control prior to their race.

## Club Relay and Mixed Races

**Club Relay:**

6 members per team must consist of at least 3 females; 2 x 16&U or younger, 2 x 18&U, 2 x Open. The mix is up to you. In all cases, younger paddlers are permitted but not older. Each competitor races a 100m leg. The next person may start once the nose of the predecessor passes the nose of their boat.

**Mixed K4 200m:**

Must consist of competitors from the following age groups: 1 x 14&U, 1 x 16&U, 1 x 18&U, 1 x Open or Masters and must have two females and two males. The mix is up to you.

**Mixed K2 (Junior and Open)**

The Junior mixed K2 must consist of one male and one female aged 16 or under. The Open Mixed K2 must consist of one male and one female aged 17 or older.

**Mixed 12&U and 14&U races:**

12&U - Any combination of male/female paddlers is allowed. 14&U just need at least one paddler of a different gender.

**Junior Mixed Relay:**

Must consist of 2 males and 2 females aged 16 or under.

**Senior Mixed Relay:**

Must consist of 2 males and 2 females aged 17 or over.



## Para Canoe

Para canoe events are the competitive paddling opportunities for disabled paddlers. CRNZ is committed to being a disability inclusive sport, providing opportunities and supporting disabled paddlers to achieve their competitive aspirations.

CRNZ will have Para canoe disciplines KL1, KL2, KL3 as well as an open category.

The open category is for anyone who is not eligible for the KL classifications or does not or has not been classified. For more information about para canoe and classification please visit Canoe Racing NZ website or contact Aaron Osborne if you have questions about para canoe [aaron@crnz.org](mailto:aaron@crnz.org)

## Accessibility

As part of our commitment to becoming a more disability inclusive sport and event, CRNZ will provide a staff member to help with any accessibility requirements you may have.

If you or any of your paddlers have specific accessibility or support needs, please contact Aaron Osborne [aaron@crnz.org](mailto:aaron@crnz.org)

## Results

Live results will be available as they occur online on the CRNZ app or <https://liveresults.co.nz/>

Following the event, all results will be available on the results page of the CRNZ website.

## Live Stream

There will be a live stream for selected races.

Follow CRNZ Social Media for the live stream link

## Prize Giving

Prize giving will be held during the lunch breaks and at the end of racing each day.

Athletes receiving prizes should be wearing their club uniform and be present at prizegiving.

## Club Trophies

<b>Dooney Cup</b>	Top Junior points (up to 18&U age group)
<b>Cooper Shield</b>	Top Masters/Open points
<b>Tainui Shield</b>	Overall points
<b>Wicked Cup</b>	Top 12&U club points
<b>Barb Harvey Cup</b>	Club Relay

## Race Rules

This event is run under the CRNZ Canoe Sprint Competition Rules 2023, [CLICK Here](#) or visit the CRNZ website.

It is the paddler's responsibility to ensure they are familiar with the race rules.

## Race Starts

Pontoons will be used for held starts at the 500 and 200m races from after lunchtime on Friday (once 1000m races are finished).

All competitors should be at the start line in plenty of time for their race and well before the "3 minutes to start" call. Starters will not wait for absent paddlers unless instructed by the Chief Official.

Paddlers should ensure they remain close to the marshalling area when they are due to race so they can hear the starter calling their start.

An athlete/crew, who arrives too late at the start, may be considered to have voluntarily withdrawn and be disqualified for the remaining races of the competition (DNS).

## False Starts

In the case of a false start, the Starter will immediately give a loud buzzer sound signal. On hearing this signal all athletes must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending athlete(s) and boat(s) making the false start and give them a warning.

**In the case of a second false start by any paddler, the offending boat will be disqualified (DSQ) from the race and must leave the starting area and the course immediately.**

## Disqualifications (DSQ)

An athlete/crew who breaks the rules before, during, or after a race must be disqualified from that race and will not progress further in that event (DSQ).

Disqualifications must be confirmed by the Competition Committee in writing immediately, giving the reasons. The Team Leader of the athlete/team must acknowledge the receipt on the notice copy with the exact time, which marks the start of the protest time.

## Protests and Queries

Protests may only be lodged by the Team Manager in written form (See attached form), addressed to the Competition Committee and handed to the Chief Official. All protests must be accompanied by a fee of \$50. The fee will be refunded if the protest is upheld.

## Replacement Paddlers or Team Boat Changes

All changes including withdrawals must be made on the Team Managers form and lodged with the Chief Official by the Team Manager as soon as possible. Changes should only be made for health and safety reasons.



## Team Managers

Each club must nominate a team manager. Event information will be sent to the team manager to distribute to their paddlers.

The team manager will be the primary contact person before and during the event.

Only the team manager can request changes to entries or lodge protests to the Chief Official.

If you are racing as an Independent, you must nominate your own team manager.

Send details to [karen.simpson@canoeracing.org.nz](mailto:karen.simpson@canoeracing.org.nz)

Club Manager Name:

Email address:

Cell number:

## Team Managers Meetings

Team Managers must attend the Team Managers Meeting.

Team Managers Meeting will be held via Zoom on Wednesday 17 April at 7.00pm.

To Join Zoom Meeting Click This Link

[https://us06web.zoom.us/j/87858067474?](https://us06web.zoom.us/j/87858067474?pwd=Aw4agQTbXQjNjHTNWRgLNCFdRjM2qy.1)

[pwd=Aw4agQTbXQjNjHTNWRgLNCFdRjM2qy.1](https://us06web.zoom.us/j/87858067474?pwd=Aw4agQTbXQjNjHTNWRgLNCFdRjM2qy.1)

Meeting ID: 878 5806 7474

Passcode: 111

Only the Team Manager (or appointed proxy who must be advised to the event manager prior to the meeting) has authority to make alterations to entries at the Team Managers Meeting.

Team Manager packs will be handed out at this meeting and will include a coloured programme, one draw, protest forms, managers forms and a copy of the roster. Any further requests for changes in race draw due to illness or injury should be made to the Chief Official.

Any essential meetings during the championships will be held in the Waipa Room in the Don Rowlands Centre.



## Gold Clam - Stop the Spread

The invasion of the gold clam in Waikato waterways is a growing concern and paddlers must do their part to prevent the spread of the pest species around the rest of the country.

It is incredibly easy for this pest to hitch a ride and take up residence in another location.

Under the Biosecurity Act, it is illegal to “knowingly move or spread the freshwater gold clam or water that may contain it”.

Following the event, paddlers that are returning to waterways outside of the Waikato region **MUST** undertake the Check, Clean and Dry method outlined below before paddling in a new water way:

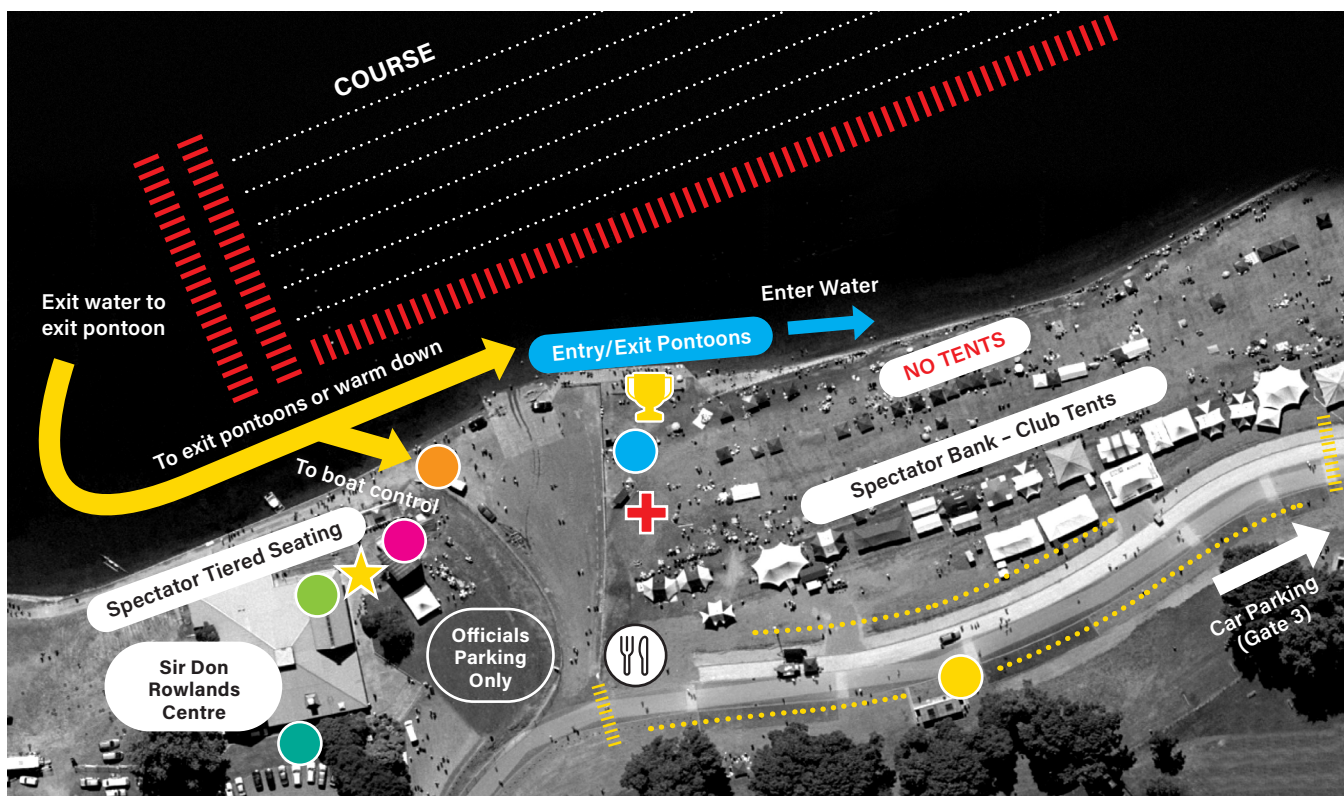
**CHECK** and flick off any visible matter like weed, mud or adult clams at the lake or river. Drain river or lake water, including removing bungs or opening hatch covers in case there is water in enclosed areas and leave to dry.

**CLEAN** it for invasives that are invisible (this can include juvenile clams, algae, fish eggs, weed fragments). Blast your boat inside and out with a hose, using tap-water and onto grass, beside the waterway, at the club or at home (not into a stormwater drain). Blast the paddle as well, especially if it has a split shaft. For absorbent materials, that stay wet longer – Soak in hot water above 60°C for at least 1 minute.

**DRY** areas inside the boat where water has pooled with an old towel. The outside of the hull dries when towed (see note). Dry to touch and then leave the boat to completely dry for another 48 hours. This will further reduce survival.

Watch and share the **CLEAN CHECK DRY** video with CRNZ HP athlete Ashton Reiser

## Karapiro Site Map



 Race Control (Enter water at Entry Pontoon)

 Boat Control (Exit water at Exit Pontoon)

 Finish Tower

**Ground Level:**

Chief Official, Protests,  
Team Managers Forms, Queries

**Level 2:**

Restricted Access, Finish Line Officials Only

 Waipa Room (ground floor)

**NO ENTRY TO GENERAL PUBLIC**


Managers Meetings / Officials lunches

 Accessible Toilets

 Accessible Parking

 Boats **MUST NOT** sit on the red zones

 Club Trailers **ONLY**

 Gates to close off spectator bank

 First Aid (EMS)

 Results Board (under deck) beside finish tower

 Prizegiving Podium

 Coffee/food vendors

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## Race Control / Marshaling

All paddlers must proceed through Race Control before entering the water for their race.

All paddlers must be in correct club race uniform and boats must display "weed-sprayed" stickers.

Athletes will collect their lane numbers from race control.

Following their race, paddlers must return the number immediately following the race.

## Boat Control

Boat Control occurs after a race to spot-check boats for compliance to the rules (in particular boat weight and weed/pest control).

It is mandatory to come through boat control if your number is shown on the numbers board at the conclusion of your race. Non-compliance may result in a disqualification from that race.

### Underweight Boats

If the boat is under-weight the Team Manager will be called to boat control to sight the scale reading and sign an acknowledgement on the DQ form. The Athlete will be disqualified from that race by the Chief Official.

### Boat weight self-check

The afternoon before the regatta, and in the morning before racing starts, athletes are able to use the Boat Control scales to check the weight of their boat and add additional weight if necessary. This check is not mandatory but strongly recommended. A Boat Control Official will be available to provide advice if required.

## Red Zones

Refer to the Site map. Red zones are areas that paddlers must avoid.

The Finish line in particular is essential to keep clear (refer Site Map). It is a paddler's responsibility to be aware of these restrictions.

A paddler's first violation of these red zones will receive a warning. Further violations may result in the paddler's disqualification from their next race.

Non-officials (excluding rostered volunteers) are not permitted in the finish tower, this is also a red zone.

## Club Tent Allocations

Tent allocation sites are up to each club to manage. Club Managers are to ensure that tents for their club stay within the upper part of the of the bank closest to the road. Please make sure you are mindful of all the clubs and make space for everyone. No tents are allowed at the bottom of the bank and must keep clear of the area in front of the pontoon.

## Kayak Storage

Clubs are responsible for looking after their own boats and they should be placed back on club trailers overnight.

## Security

There is security on site overnight from Thursday between 6pm-6am.

## Spectator Zones

The embankment area closest to the water is the spectator zone (parallel with the lake). This area must be kept clear of all tents, structures or marques. There is also spectator viewing areas on the grandstand in front of the Sir Don Rowlands Centre.



## Parking

Cars must park in parking area at Gate 3 (G3).

Absolutely NO parking in the playground area.

NO parking along the driveway is permitted.

NO parking on any grass area that is not in Gate 3 (G3).

Club trailers may be dropped to the team tent area no later than Thursday 18th April 2024 evening.

Cars outside of the designated parking area may be subject to towing.

## Accessible Parking

Accessible Parking is through Gate 2, the parking spaces are located in the drop-off zone and a valid Disability Car Parking Permit on the dashboard during the event.

## Drug, Smoke, Vape and Dog Free

Our venue is drug-free, alcohol-free, vape-free and smokefree.

Please respect others and our environment. You will be asked to leave the venue if the rules are not followed.

Mighty River Domain is a 'DOG FREE' area. Please leave your dogs at home when visiting the domain.

CRNZ promotes being a Drug Free Sport in New Zealand. Drug Free Sport NZ maybe present testing athletes.

We encourage all athletes, officials, club managers and coaches to complete the Clean Sport 101 Online course <https://drugfreesport.kineoportal.co.nz>

## Accreditation

There is no accreditation for this event.

## Location Information

The Waipā District lies at the heart of the Waikato region and is home to around 53,600 residents.

Covering more than 1447km<sup>2</sup> and including some of New Zealand's most fertile land and water, the district of Waipā is centred on the urban hubs of Te Awamutu, Cambridge, Kihikihi, Pirongia, Ōhaupō, and Leamington. <https://www.waipadc.govt.nz>

While you are in Waipā be sure to check out Te Awa Wai - Te Ara Wai: Journeys - this is a free, self- guided tour of culturally significant sites throughout the Waipā district. Experience places of local and national importance, and discover unique stories told by mana whenua <https://tearawai.nz/>

## Club Volunteers

Many hands make light work. The event will not run without the support from volunteers and our officials. Clubs are expected to provide a small number of volunteers to help with event tasks - The club roster will be sent to Team Managers. All volunteer roles and tasks will be well explained and supported.

Please ensure your club meets your volunteer requirements. Requests for to the volunteer roster should be made to the Event Manager as soon as possible, but no later than the team managers meeting.

If required, there will be a call for additional helpers at the Team Managers meeting.

## Officials

This event can only be run thanks in a large part to a highly skilled team of trained officials. CRNZ has a rich history of internationally recognised officials.

We all start our journey with one step and we encourage you to join our team at one of our events.

If you are interested in helping out in an official role or becoming a national or internationally recognised official, please contact [karen.simpson@canoeracing.org.nz](mailto:karen.simpson@canoeracing.org.nz)

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## Support Paddlers

Support paddlers are permitted to follow or paddle alongside Paracanoe paddlers.

Support paddlers will be assessed on a case by case basis and MUST BE APPROVED BY the Event Manager. Contact the Event Manager or Disability Inclusion Support for consideration.

## Health and Safety

Conditions will be monitored and evaluated throughout the regatta.

In the event of unsafe paddling conditions, racing will be delayed until those conditions have passed. This is the call of the Competition Committee (CC). There will be no racing in the dark.

Race Control will be used to stop paddlers getting onto the lake if conditions are unsafe. If instructed to remain at race control, paddlers must do so.

## Water Safety

IRBs and mini-IRB will provide on-water safety and support. In the event of a capsize, water safety craft will come to a paddler as soon as possible.

Paddlers should raise their hand or paddle and, if possible, remain in contact with their craft until help arrives. The first priority of water safety crews is to rescue the person. The craft is second priority.

## First Aid

Clubs must designate one person from your club as your First Aid person.

First Aid is onsite at the venue. First aiders are located beside the Boat Control tent on the ramp or under the grandstand in the First Aid Room.

NEMS will be handling first aid. Please make use of NEMS as and when required. In an emergency, please ask any Official to Radio the Chief Official.

## Personal Flotation Devices (PFDs)

It is compulsory for under 14 and novice paddlers to wear PFDs/lifejackets (Personal Flotation Device as defined by NZ Standard 5823:2005).

Inflatable PFD/lifejackets are not permitted.

If a paddler is unable to swim, they must wear a PFD at all times while on the water.

## Covid Monitoring

The event will follow all NZ Government and Ministry of Health guidelines regarding events and public gatherings to ensure all obligations as an event organiser are met during a pandemic period.

Symptomatic people not permitted to attend the event.

Clubs must have a plan should someone in your club test positive for Covid, or present symptoms, during the event. Club Managers should bring Covid Test kits with them for this purpose.

Covid testing sites in Cambridge:

<https://www.healthpoint.co.nz/covid-19/waikato/cambridge/>

## Biosecurity

All kayaks and paddling equipment must be weed-sprayed and cleaned before entering the water.

There will be weed spraying equipment set up at Race Control.

Club Managers will be issued with "weed sprayed" stickers. A \$50 fine will apply to any club who puts a boat on the water without receiving a sticker for that boat.

## Media

There will be photography and filming at events and some media may ask athletes for an interview. Athletes can refuse an interview if they wish.

Any media enquiries please contact [media@canoeracing.org.nz](mailto:media@canoeracing.org.nz)

## Lost Property

If you find any lost property, please return it to the race office (at bottom of the finish tower). If you are looking for something we are happy to make announcements for you.

## Rubbish and Sustainability

The Mighty River Domain is working towards operating as a "Zero Waste" site.

- Please leave your club area clean and tidy
- If you leave broken umbrellas, broken chairs or gazebos, chilly bins, or other large items your club will be invoiced for the removal of these items.
- Bring a refillable drink bottle to fill from the tap. This greatly reduces the plastic rubbish in the environment
- Bring a reusable keep cup for hot or cold drinks at vendor sites.
- Please use the recycling stations throughout the site for glass, plastic, aluminium and food scraps.
- Don't leave rubbish lying around as ultimately it ends up in the lake.

## Racing Attire/Uniform

- Athletes must wear their official club uniform.
- If an athlete is not wearing their correct uniform when they turn up to the start area or while racing, they can be disqualified.
- If a paddler is racing as an independent or international, the athlete must be must race in a plain black top or their international club/national top.

## Vendors

There will be a coffee and food vendor.

There is a café on site.

Mr Softy Icecream and Crew Room sports.

## Our Partners



A big thank you to New Zealand Community Trust who has supported us financially with this regatta.

Thanks to Waipa Council who have provided funding, tents and barriers for the event.

Thanks to Go Media for their support.

Updates will be posted to Canoe Racing New Zealand website: <http://www.canoeracing.org.nz/events>

Any queries please contact  
[karen.simpson@canoeracing.org.nz](mailto:karen.simpson@canoeracing.org.nz)



## Progressions

### PROGRESSION PLAN A - All team boats

1-9	entries	Direct final
10-18	entries	2 Heats – A final 1-4 from each heat and next best time to A final All others out.
19-27	entries	3 Heats – 2 Semis – A final Winner each heat direct to A final 2-7 each heat to semi's 1-3 each semi through to A final All others out
28-36	entries	4 Heats – 3 Semis – A final 1-6 each heat to semis plus 3x 7th best times 1-3 each semi to final All others out
37-45	entries	5 Heats – 3 Semis – A final 1-5 plus 2x 6th best times to semis 1-3 each semi to final All others out

### PROGRESSION PLAN B - Single boats

1-9	entries	Direct final
10-18	entries	2 Heats – 1 semi -A final 1-3 each heat to Final 4-7 plus next best time to semi 1-3 to Final, All others out.
19-27	entries	3 Heats – 2 Semis – A final, B final Winner each heat direct to A final 2-7 each heat to semis, all others out 1-3 each semi to A final 4-7 plus next best time to B final All others out
28-36	entries	4 Heats – 3 Semis – A final, B final 1-6 each heat plus 3x 7th best times to semis, all others out 1-3 each semi to A final, 4-6 to B final All others out
37-45	entries	5 Heats – 3 Semis – A final, B final 1-5 each heat plus 2x 6th best time to semis, all others out 1-3 each semi to A final, 4-6 to B final All others out



**CANOE RACING  
NEW ZEALAND**

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