

## Try Learn Explore Coach Award

The Try Learn Explore Coach Award recognises coaches who have achieved the skills and experience required to lead the Try Learn Explore participant programs.

These coaches will have demonstrated they possess the knowledge and ability to safely and effectively deliver Try Learn Explore as a lead coach.

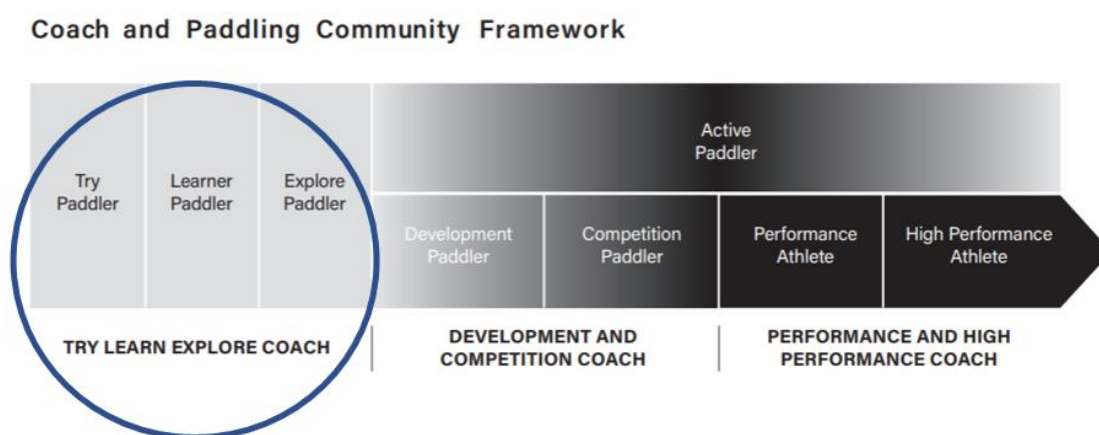
### What is a Try Learn Explore Coach?

A Try Learn Explore coach is focussed on teaching beginner level paddlers to achieve the TLE learning competencies, following the principles of the Try Learn Explore program.

- **Try Sessions** – simple introductions sessions to the paddle sport
- **Learn Lessons** – sequenced sessions within the paddle sport, developing skills to effectively paddle their craft
- **Explore Lessons** – Encouraging participants to experience other paddle sports/craft and/or further develop their skills in a specific craft.

Try Learn Explore coaches understand the needs of participants who are new to paddling (both children and adults) and are able to develop a supportive and inclusive environment while keeping fun, play and enjoyment at the heart of the participant experience. TLE coaches are able to promote positive and safe sporting experiences while teaching fundamental paddle skills.

TLE Coaches sit here on the CRNZ Coach Development Framework:



### Becoming a Try Learn Explore coach

The process of gaining the TLE Coach Award will help a coach to develop skills, knowledge, confidence and experience required. It includes education and experience components, where coaches must attend a coach workshop, complete 20 hours of coaching under supervision and be formally observed and assessed on their abilities.



To become a certified Try Learn Explore Coach you must:

- Attend the Try Learn Explore Coach Workshop
- Complete the TLE Coach Competency theory assessment
- Pass the TLE Coaching Competency Practical Assessment
- Pass the Personal Paddling and Rescue Competency Assessment (observation)
- Complete 20hrs of coaching experience (observed and signed off by TLE coach or equivalent)
- Complete the Sport NZ “Child Protection in Play, Active Recreation and Sport” [e-learning module](#) (approx. 90mins to complete)
- Hold a current first aid qualification (US 6400, 6401 & 6402)
- Undergo Police Vetting
- Sign the Sport NZ Coaches Code of Ethics

Coaches must be a minimum of 18 years of age to achieve the TLE Coach award.

## Scope of the Try Learn Explore Coach

Once coaches have achieved the Try Learn Explore Coach Award they are able to lead paddling activities on flat sheltered water within 200m from shore. This including estuaries, sheltered beaches, lakes, coastal inlets and swimming pools. This also includes rivers when the flow and the hazards present no greater risk than flat water.

The following are examples that would be beyond the scope of the Try Learn Explore Coach:

- Grade 2/3 sections of rivers
- Rough, windy conditions or conditions where there are breaking waves
- Open water paddling ie beyond 200m from shore

Coaches will be endorsed to coach from a particular craft. This is achieved by a formal coach competency assessment in the particular craft.

## Required Competencies

To become a Try Learn Explore Coach, a coach will need to:

- Demonstrate effective paddling skills and techniques required to teach the Try, Learn and Explore participant programs
- Understand and demonstrate effective rescue skills in a flat sheltered environment
- Demonstrate an understanding of Try, Learn and Explore principles and the needs of TLE paddlers
- Demonstrate knowledge, care and appropriate use of paddling equipment
- Demonstrate effective planning, delivery and reviewing of a Try, Learn or Explore paddling session.
- Demonstrate effective communication strategies
- Demonstrate understanding and application of effective safety management



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