



CANOE'S NEWS

BLUE LAKE 1 REGATTA

Lake Tikitapu, Rotorua – 16-17 October 2010



The CRNZ 2010/11 sprint racing programme gets underway on 16th and 17th October 2010 with the Blue Lake 1 Regatta. There is a full programme of events being offered for all divisions so there is definitely something for all paddlers within the kayaking community. This regatta is also being used as a selection event for the U19 Trans Tasman event to be held in December.

Entry Forms

Entry forms have been sent out to all clubs. They are also available from the website under the events section. Entries close at 5pm on Friday 1 October 2010 and must be submitted via clubs.

Entry Fees

Clubs will be invoiced for payment of entry fees. Fees are to be paid by Monday 11 October 2010. Please note the new ~~one~~ race+fee. We hope this will assist particularly where extras for team boats are needed.

One race only, any age	\$25.00
Novice	\$25.00
Junior	\$50.00
Senior/Masters	\$60.00

This year we are allowing non-club members to enter individually by contacting Karen, Karen.simpson@canoeracing.org.nz. We will supply club information to these entrants.

Categories

Juniors (U13), U15, U17, U19, Open, Masters, Novice (any age)

A Novice is defined as:

A competitor who is new to the sport and/or does not compete in a K1 type kayak. A novice competitor cannot have previously competed at a CRNZ regatta in a K1 type kayak unless agreed with the Chief Official. A novice competitor can compete in age group team boat events.

Novice Junior competitor shall be under 17 years of age during the year of the competition.

Novice Open competitor shall be over 17 years of age during the year of the competition.

Issue 5/2010
September 2010

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Events Sept-Oct

- 19th Sept . Twin Rivers
- 19th Sept . Tairoa Head, Otago
- 25th Sept . CRNZ 10km Champs, Mana
- 26th Sept . Bridges Classic Waitemata
- 9th Oct - Canoe Showdown, Warkworth
- 16-17th Oct - CRNZ Blue Lake 1
- 24th Oct . Whananui Descent
- 30th Oct - Aeroplane Island Ocean Race, Kapiti

In brief

Our NEW WEBSITE will be up and running in October 2010.

Our thanks to our new provider %abyrith+ who are working very hard to meet this deadline. You will see some obvious %ew and improved+ features on the new site!

Please continue to visit our website for updated news and events. We also love to receive photos, stories and other items of interest to post on the website.

www.canoeracing.org.nz.

Age status

This has been confusing in the past. The easiest way to work out your age is to ask if you are the correct age for the entire year of the particular competition you are competing in. i.e. If you are an U15 competitor you must not turn 15 during the year of the competition. If you do, then you need to compete in the next age group. e.g. if you compete in Nationals in February 2011 and turn 15 any time during 2011, you are too old to compete in U15 and must go up to the next age group.

Masters: A Master competitor meets the age requirements on the 1st of January of the year of the competition. Whilst these events will be run concurrently, there will be 2 age groups for 35-44 and 45+.

Juniors: A junior competitor is under 13 years of age. We are looking for a funky name for this division (last year it was 2020). There will be a competition running at BL1 for a new name for this division. So get your thinking caps on.

Event programme

Saturday 16 Oct

7:30am . Officials meeting

8:00am . Race briefing

8:30am . First race starts

5.10pm . Last race starts

Sunday 17 Oct

8.00am . Race briefing

8:30am . First race starts

2.52pm . Last race starts



Team Managers

Team Managers will be required to attend race briefings, as above, each day. As per last year, only the Team Manager will be permitted to change entries.

Awards

As per last year, regatta ribbons will be awarded to all place getters in all events on the programme.

Blue Lake 1 and 2 will be looked upon as a series, and at the end of Blue Lake 2, CRNZ will be announcing the paddler of the series in each category. Recognition ribbons will be awarded to the winners.

Volunteers

We urgently need to hear from anyone willing to help out at the regatta! We love to have new officials work alongside our old hands to get the hang of things. Please contact Karen asap if you are willing to help. Karen.simpson@canoeracing.org.nz.

We also need people to help set up on Friday afternoon and Saturday morning and pack up on Sunday afternoon. Please make yourself available if you can.



SHORT PROGRAMME

SATURDAY

Race	Time	Event Distance	H,S,F
1	8.30	Masters K2	F
2	8.35	U19 MK4 200	F
3	8.40	U19 WK1 200	H1
4	8.45		H2
5	8.55	U17 MK4 200	F
6	9.00	U17 WK2 200	F
7	9.05	U15 MK1 200	H1
8	9.10		H2
9	9.20	U15 WK2 200	F
10	9.25	O MK1 200	H1
11	9.30		H2
12	9.35		H3
13	9.40		H4
14	9.45	O WK1 200	H1
15	9.50		H2
16	9.55		H3
17	10.00	U19 MK1 200	H1
18	10.05		H2
19	10.10		H3
20	10.15	U15 MK4 200	F
21	10.20	Juniors WK1 200	H/F
22	10.25		H
23	10.30	U17 WK1 200	H1
24	10.35		H2
25	10.40	U19 WK2 200	F
26	10.45	U17 MK1 200	H1
27	10.50		H2
28	10.55	Juniors MK1 200	H1
29	11.00		H2
30	11.05	U15 WK1 200	H1
31	11.10		H2
32	11.15	O MK1 200	S1
33	11.20		S2
34	11.25	O WK1 200	S1
35	11.30		S2
36	11.35	Juniors WK1 1000	F

LUNCH

37	12.30	Juniors MK1 1000	F
38	12.40	U19 MK1 200	S1
39	12.45		S2
40	12.50	O MK2 200	H1
41	12.55		H2
42	1.00	U19 WK1 200	S1
43	1.05		S2
44	1.10	Masters MK1 200	F
45	1.15	Novice 200	F
46	1.20	U19 WK4 200	F
47	1.25	U19 MK1 1000	H1
48	1.30		H2
49	1.35		H3
50	1.40	U17 WK4 200	F
51	1.45	U17 MK2 200	F
52	1.50	U15 WK1 500	H1
53	1.55		H2
54	2.00	U15 MK2 200	F
55	2.05	Masters WK1 200	F

Race	Time	Event-Distance	H,S,F
56	2.10	O WK2 200	H1
57	2.15	O WK2 200	H2
58	2.20	O MK1 1000	H1
59	2.27		H2
60	2.34		H3
61	2.41		H4
62	2.48	O WK1 500	H1
63	2.53		H2
64	2.58		H3
65	3.03	U17 WK1 500	H1
66	3.08		H2
67	3.13	U19 MK2 200	F
68	3.18	U15 MK1 500	H1
69	3.23		H2
70	3.28	U15 WK4 200	F
71	3.33	U19 WK1 500	H1
72	3.38		H2
73	3.43	U17 MK1 500	H1
74	3.48		H2
75	3.53	O MK1 1000	S1
76	4.00		S2
77	4.07	O WK1 500	S1
78	4.12		S2
79	4.17	U19 MK1 1000	S1
80	4.24		S2
81	4.31	U19 WK1 500	S1
82	4.36		S2
83	4.41	O MK2 1000	H1
84	4.48		H2
85	4.55	Masters K4 500	F
86	5.00	O WK2 500	H1
87	5.05		H2
88	5.10	4000m All Comers	F

KEY

	Juniors (U13) / Novice (any age beginner)
	U15 M
	U15 W
	U17 M
	U17 W
	U19 M
	U19 W
	OM
	OW
	Masters

SUNDAY

	Time	Event Distance	H,S,F
1	8.30	MastersMK2 500	F
2	8.35	U19 MK4 500	F
3	8.40	U19 WK1 500	AF
4	8.45		BF
5	8.55	U17 MK4 500	F
6	9.00	U17 WK2 500	F
7	9.05	U15 MK1 500	AF
8	9.10		BF
9	9.20	U15 WK2 500	F
10	9.25	O MK1 1000	AF
11	9.32		BF
12	9.39	O WK1 500	AF
13	9.44		BF
14	9.49	U19 MK1 1000	AF
15	9.56		BF
16	10.03	U17 WK1 500	AF
17	10.08		BF
18	10.13	U15 MK4 500	F
19	10.18	JuniorsWK1 500	H/F
20	10.23		H
21	10.28	U19 WK2 500	F
22	10.33	U17 MK1 500	AF
23	10.38		BF
24	10.43	Juniors MK1 500	H/F
25	10.48		H
26	10.53	U15 WK1 500	AF
27	10.58		BF
28	11.03	MastersMK1 500	F
29	11.08	MastersWK1 500	F
30	11.13	O WK4 500	F
31	11.18	O MK2 1000	F
32	11.25	U19 WK4 500	F
33	11.30	U19 MK2 500	F

LUNCH

	Time	Event-Distance	H,S,F
34	12.15	U17 WK4 500	F
35	12.20	U17 MK2 500	F
36	12.25	U15 WK4 500	F
37	12.30	U15 MK2 500	F
38	12.35	Novice 500	F
39	12.45	O MK4 1000	F
40	12.52	OWK2 500	F
41	12.57	Juniors MK1 1000	F
42	1.07	U19 WK1 200	AF
43	1.12		BF
44	1.17	O MK1 200	AF
45	1.22		BF
46	1.27	O WK1 200	AF
47	1.32		BF
48	1.37	U19 MK1 200	AF
49	1.42		BF
50	1.47	U17 WK1 200	AF
51	1.52		BF
52	1.57	U15 MK1 200	AF
53	2.02		BF
54	2.07	Juniors WK1 1000	F
55	2.17	O MK2 200	F
56	2.22	OWK4 200	F
57	2.27	U17 MK1 200	AF
58	2.32		BF
59	2.37	U15 WK1 200	AF
60	2.42		BF
61	2.47	O MK4 200	F
62	2.52	O WK2 200	F

EVENT PHOTOS

CRNZ Events 2009 onwards

Check out www.johnroy.smugmug.com to see photos from 2009/2010 events put together by John Roy. He also has a site where he posts photos for sale, and will be taking photos of our events from time to time, www.johnroy.quikpix.co.nz.

Our sincere thanks to John for allowing us to use his photos on our website and in our newsletters. There are some stunning photos there!

LEARN TO BE AN OFFICIAL

Blue Lake, 16-17 October 2010

If you are a parent attending Blue Lakes, why not work alongside some of our officials and learn the great skill of being a finish-line judge, or a numbers controller, a starter or boat controller? We are keen to upskill people into these roles. If you feel you could spare a couple of hours during the regatta please contact Karen and we'll arrange something to suit.

Karen.simpson@canoeracing.org.nz.

Our new website will contain Officials modules for future development but in the meantime, why not give it a go?

2010 NZ 10KM CHAMPS

Hosted by Mana Kayak Racing Club, 25 September 2010

This national championship is to be held on the Porirua Harbour and hosted by Mana Kayak Racing Club. It's sure to be a great event with divisions catering for all ages and abilities.

Registration 8.00am . Race briefing 9.00am . Race commences 10.00am single boats, 2.00pm team boats

Entry Fee- entries close on Wednesday 22 September 2010 (additional fee of \$10 for all entries received after this date)

Open, Masters \$25 (one race) \$35 (two races)

U19, U17 \$20 (one race) \$30 (two races)

U15, U13 \$15 (one race) \$25 (two races)

Enquiries to: manakayakracing@gmail.com



2010 BRIDGES CLASSIC KAYAK RACE

Henderson Creek, 26 September 2010

Distance: 16km

Venue: Waitemata Canoe & Multisport Club
Taipari Strand, Taikata Road
Te Atatu Peninsula

Course: Henderson Creek to Falls Park, Huruwharu Creek and return

High Tide: 10:07am

Registration: From 8:00am

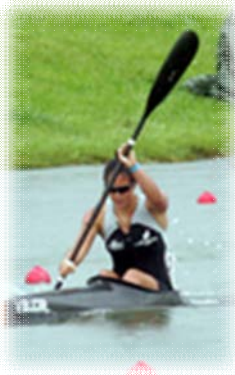
Race Start: 9:15am

Open to surf skis, sea kayaks, OC1, multisport kayaks and adventure doubles. Contact Terry Newsome 021 074 8485 or 09 273 0173. Email teran@ihug.co.nz

Don't forget the start of daylight saving!

WORLD CHAMPS FINALS REPORT

Wayne Maher – High Performance Manager



The High Performance Squad is now, mostly, back home in good old NZ. For those of you that were unable to follow the racing during the World Champs, the following is an excerpt from Wayne's last report from Poznan, written at the end of the last day's racing.

Today marked the final day of competition for the Kiwi Canoe Sprint team here in Poznan Poland for the World Championships. First up for the morning was Erin Taylor in the B-final of the WK1 500m . following her return to competition was a return to form with a 2nd in the B-final today in a time that would have placed her inside the top 8 of the A-final. This result, whilst the same world ranking as last year, was an improvement in that the gap to the podium is narrower than 2009 – A fine performance from an athlete with a compromised build up.

Next away only 35 mins later was the women's K4 where Erin had to back up from the K1. After a seventh in the semi final the boat raced more to its potential finishing 2nd in the B-final and inside the PEGS bracket which will be vital to the ongoing development of our women's programme. They again proved the 1:36 achieved in Australia wasn't just a mix of good luck and conditions with a 1:35 in near perfect racing conditions.

The feature race for the NZ team at this World Championships regatta was the women's K2 500m final featuring Lisa Carrington and Teneale Hatton. As with Erin the girls had to back up one hour after the women's K4 race and despite a brave effort could only manage 9th . the previous race simply taking the legs out of their performance. Ideally this is not a situation we would usually find ourselves in, however programme changes and a commitment from the coaches and athletes to this programme of events has given us the necessary benchmarks we require going into Olympic qualification year as well as a legitimate women's programme.

Scott Bicknell made NZ's final appearance contesting the MK1 200m C-final . again setting another personal best, which was still only good for 4th - testament to the tightness and competitiveness of this new Olympic event.



Summary

MK1 1000m	12th
MK2 1000m	14th
MK4 1000m	15th
MK1 200m	22nd
WK1 500m	11th
WK2 500m	9th
WK4 500m	11th

Assessing the team's performance, with the exception of the Men's K2 - the team has performed as per the goals set for the programme (taking into account injuries and illness). Steve Ferguson and Troy Burbidge by their own admission are disappointed with their result, which will require time spent at the drawing board. Our women's programme has made good gains with an A final performance, maintenance of the previous years performance in the WK1 500m (despite a significant injury), and invaluable benchmarking in the K4 event. This has also introduced a new female paddler in Jaimee Lovett to the world stage where she has performed to a level that has justified her selection.

Our men's K4 has improved steadily through the year and the goal was to make the top 16 -this was achieved with a 15th place in an intensely competitive field. Scott and the 200m programme have been dealt a reality check which will require a rethink. Ben made a solid return to competitive paddling in the MK1 1000m glamour event with a limited build up compounded by injury.

The team return from the World Championships determined to work harder and smarter in their commitment to the build up to London 2012.+

HIGH PERFORMANCE REPORT

Wayne Maher – High Performance Manager

Selection Policy

This has been drafted and is currently undergoing review from Sports Lawyers. There is a consultation meeting involving the newly formed sprint committee, HP coaches, selectors and athletes this weekend in Auckland. The document is expected to be signed off by the board on the 30th. It will be distributed immediately after this.

Marathon

We currently have four athletes in Spain competing for New Zealand and CRNZ at Lake Banyoles in the World Marathon Championships. The masters men will kick off Wednesday night our time with Paul Bourgeois in the Mens K1 35-39 age category. He will be closely followed by Glenn Muirhead in the 40-44 age bracket. Ben Keys and Marianne Archer race on Saturday night our time and we wish them all the best of luck! Details can be found on the official marathon website www.banyoles2010.cat

HP Programme

There is a great deal on at the moment including the world champs review, establishing the summer squad, and the development of the 2011 High Performance Plan. After an interesting year we are all working hard on getting all of our ducks in a row going into 2011. Watch this space!

Trans Tasman U19 Event

A Trans Tasman U19 Event will be held in Maroochydoore, Brisbane, Australia from 13-18 December 2010. Trials are being held at Blue Lake 1, 16-17 October, for this event.



NELO NOW IN NEW ZEALAND

Available October 2010

Just in time for the 2010/2011 race season, the first shipment of Nelo surf skis, Sprint and Slalom kayaks from Portugal, arrive in New Zealand from October 2010. In Europe, seven out of eight sprint race kayakers carry the Nelo logo and this brand will become more prevalent in New Zealand race results due to the recent appointment of iPaddle as the exclusive New Zealand distributor of Nelo products. As Terry Newsome from iPaddle explains "The superior race quality of Nelo has long been appreciated. Our paddlers are some of the most discerning in the world and we are proud to offer them the opportunity to purchase these high performance kayakers in New Zealand so they can experience this competitive edge themselves."

Racing has always been an integral part of Nelo's strategy - no other brand has won more world championships, world cups, or Olympic medals. This commitment to racing is extended to competitors in this part of the world and Nelo is proud to sponsor many established and up-and-coming Australasian competitors including Luuka Jones and Tim Jacobs.

Founded by Manuel Ramoes, a former kayak representative with a strong passion for building; 30,000 kayakers have passed through the Nelo premises in Portugal since the doors opened in 1979. However, being the world's largest composite kayak manufacturer has not meant a reduction in the attention to detail, or individualised craftsmanship that Nelo prides itself on, and prior to dispatch every boat is given a two year manufacturer's warranty and polished for two hours before it leaves the factory.

This level of service does not end once you've purchased a Nelo. According to André Santos "With Nelo you're not just getting a surf ski, you're joining a family. As well as offering worldwide support whenever our customers are travelling overseas, and away from their Nelo kayak, we do our very best to supply them with a complimentary kayak so they can enjoy paddling foreign waters."

To find out more about iPaddle or Nelo visit the following websites www.ipaddle.co.nz or www.nelo.eu or contact Terry Newsome on teran@ihug.co.nz or 021 074 8485.



CEO NEWS

Paula Kearns

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~~pk@kearns.org.nz~~ ~~pk@kearns.org.nz~~ ~~pk@kearns.org.nz~~ ~~pk@kearns.org.nz~~ ~~pk@kearns.org.nz~~ it is never going to stop raining in Auckland. However I am optimistically looking forward to longer days, warmer weather and seeing a lot of you at Blue Lakes 1 next month.

The last month or so I have been working on developing the draft strategic plan with the reference group formed from the Whole of Sport Conference. Many thanks to the members of the reference group Bianca Teague, Travis Mitchell, Gavin Elminger, Brian Scott and Imelda Marnane, for taking the time to contribute to this process. A special thank you to Gavin Elminger who took the time to work with me to develop the plan. The plan is now almost in its final form and will be finalized and presented to the Board for its approval at the next Board meeting on 29 September 2010.

I would also like to thank Tracy Wilson who has voluntarily accepted the challenge to develop the marketing strategy/plan and sponsorship proposal for CRNZ. Tracy is a skilled and experienced marketer and it is great that she has agreed to assist us.

I welcome the Marlborough Multisport Club and the OUSA (Otago University Students Assn) Kayak Racing Club as new member clubs of CRNZ.

Meetings this month have included, Chantel Brunner of the NZOC Athletes Commission, Grant Florence Surf Life Saving, Steve Knowles NZ Multisport Association, NZCT and Tony Veitch. We are continually looking for ways to build our relationships with other sports, funders and the media.

Over the coming month we are working hard on sprint high performance matters. In consultation with selectors, coaches and athletes we will be finalizing the selectors and selection policies by 30 September 2010 and developing the 2011/12 High Performance Strategy/Plan by 31 October 2010.

The Board had its last meeting on Monday 30 August 2010 at which matters discussed included the following:

1. The SPARC investment process gets underway in November with applications to be submitted by the 19th, presentations made in the week of the 29th and 2011 funding decisions notified from 17 December 2010.
2. The Board received the World Cup Review report prepared by SPARC. SPARC are currently conducting the review of the World Championships.
3. The Board approved the new Anti-Doping Regulation, which is effective from 1 September 2010. All athletes competing nationally and/or internationally must sign the acknowledgement and agreement form attached to the Regulation.
4. The CEO is to continue to research temporary office and storage facilities at Karapiro.
5. The Board requested a panel be formed to peer review all the technical documentation that has been developed by the Director of Coaching.
6. The Board ratified the funding application to Lion for \$50k for funding of our sprint events.

Lastly I would like to thank Mark Watson who has been our Director of Coaching for the last 18 months and leaves us on 15 September 2010. Mark has worked diligently to give some structure to our sport and to develop technical resources and documentation. Please join me in wishing Mark all the best in his future endeavours. If you wish to contact me please don't hesitate. My mobile phone number is 027 4443991 and

Contact us

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