



CANOE'S NEWS

CANOE RACING NZ INC. – Issue 3/2011

Fouhy and Archer make it 5 a-piece at NZ Marathon Champs

The CRNZ New Zealand kayak marathon championships were contested Sunday 17 April on Porirua harbour, near Wellington. Early morning drizzle gave way to good overcast racing conditions with strengthening northerlies testing some paddlers. With the largest field in recent memory assembled, the racing was sure to be exciting



Open Male Competitors hit the start running at NZ Marathon Champs 17 April 2011

It was former sprint world kayak champion and Olympic silver medallist Ben Fouhy (representing North Shore) who won his 5th national title over the marathon distance by a comfortable margin. Fouhy, the pre-race favourite, was not cruising to victory though demonstrating excellent technique and efficiency at the compulsory portage on each of the seven laps, keeping the hammer down on and off the water throughout the 2 hours and 7 minutes of racing, with clear milestones set for himself throughout the race.

Behind him was a hot race for the minor placings between NZ sprint squad member Fred Tear (Arawa) and Australian based former Wellingtonian, Matt Blundell. These two paddlers were inseparable for six of the seven race laps until the more experienced Blundell made a gap with a final strong portage. Blundell, a former winner of the Australian kayak marathon championships and fastest paddler at this year's Speight's Coast to Coast, extended his gap to finish a minute and a half clear of Tear, but still almost 7 minutes behind the winner.

Pre-race favourite, Marianne Archer (Mana) of Wellington, was again too good clearing out to dominate the women's field to win her 5th successive national marathon title. A veteran of many world kayak marathon champs, Archer powered away and was unchallenged from start to finish. 2nd across the line was local under 23 New Zealand representative paddler, Kayla Imrie. And in 3rd pace was this year's fastest women paddler at Speight's Coast to Coast, Christchurch's Olivia Spencer-Bower.



Fouhy prepares to race

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Upcoming Events

April – June 2011

- *22 Apr: Australian Marathon Champs*
- *23 April: NZ Slalom Nationals, Tauranga*
- *14 May: Marlborough Sounds Portage Kayak Race*
- *5 June: 3D Rotorua Off-Road Multisport festival*

WATCH OUT FOR THE 10km WINTER SERIES COMING UP!

Adversity causes some men to break, and others to break records!

-source unknown



Archer completes her final lap

Article courtesy of Mana Kayak Racing Club

There was some great racing throughout the categories which included athletes paddling mostly K1's but also multisport kayaks, ocean racing skis and waka. The multi-lap 4km course proved to be popular amongst the athletes. Ben Fouhy is heading to Australia next week to compete at the Australian kayak marathon champs in Geelong, Victoria. There, he will be up against Matt Blundell once again and will surely be racing well performed marathon paddler Michael Leverett, among the best that Australia have to offer.

CRNZ and Mana Kayak Racing club would like to thank all of the competitors, spectators and volunteers who helped make such a great event. Thanks also must go to Canoe & Kayak, Interislander, Sportzhub and Mana Community Grants Foundation for their great support. Full results:

<http://www.canoeracing.org.nz/Home-1/News/Archive/2011/Five-a-piece-for-Fouhy-and-Archer/default.aspx>

King of the Harbour – NZ Surf Ski Champs: Fouhy King and Pocock Queen

Light winds and a gentle swell made the paddle from Waiheke Island to the Auckland Viaduct a bit of a slog, but amazingly competitors all came in with smiles on their faces, after a gruelling 21km race, with no help from the elements.

Olympic silver medallist Ben Fouhy and Mike Walker were neck and neck most of the way, as the two led the group convincingly right from the start with the double ski of Hall and Boer keeping them company throughout.

Trans Taupo winner Travis Mitchell headed up the second group of paddlers a few hundred metres behind the leaders with a third group including Paul Wilford, Simon McLarin and Simon Longdill behind them.



Fouhy arrives at the viaduct "King of the Harbour"

As the lead group rounded into Devonport a small swell saw Fouhy pull ahead from Walker - a tactic the two had been employing most of the way. However Fouhy powered on ahead in a strong effort, managing to stretch his lead to a few hundred metres by the time he reached the viaduct, finishing under the Hilton Hotel to become the CRNZ 2011 Surf Ski Champion, and the undisputed "King of the Harbour".

And if Fouhy is King, then Katie Pocock is surely Queen, gaining her 10th consecutive win in this event. The competition was by no means a walk in the park, with Trans Taupo winner Dene Simpson challenging Pocock all the way and finishing a minute behind her.

Full results:

<http://www.canoeracing.org.nz/Home-1/News/Archive/2011/KOH-Results/default.aspx>

Teams head to Europe for World Cups 2 & 3

The U23 and Open teams head to Europe to begin their World Cup campaign with Opens departing at the end of the month and U23 leaving 13 May. This is a pivotal time for our teams as they have individual and team-boat objectives leading up to World Champs. World Champs is where the crunch comes for qualifying boats for the Olympics so the pressure is on.

You can write messages to the team via our blog on the front page of the website. The teams are:

OPEN: Erin Taylor, Lisa Carrington, Teneale Hatton, Rachael Dodwell, Troy Burbidge, Liam O'Loughlin, Steven Ferguson, Darryl Fitzgerald.

U23: Sam Wilson, Jasper Bats, Zac Franich, Scott Bicknell

Athlete Development Camp

16-17 July 2011 – Lake Okareka, Rotorua

CRNZ's first athlete development camp will run on Saturday 16th and Sunday 17th July at Lake Okareka, Rotorua. All participants need to arrive on Friday night. The camp caters to every paddlers level of ability and a variety of kayak disciplines.

- Sprint
- Marathon
- Ocean Ski
- Surf Ski
- Multisport

We would also like to invite all coaches to attend. It is CRNZ's first 2011 coach development opportunity to gain greater experience and work alongside High Performance coaches.

Camp content:

- Fundamental technique
- Video analysis and feedback
- Crew boat training
- Strength and conditioning
- Erg based training
- Experienced coaches
- Guest Speakers
- Guest High Performance Athletes



Camp Cost: \$150.00 Includes:

- 2 night's accommodation
- Breakfast, lunch and dinner
- Speakers
- Coaches

Please confirm your attendance by 12th June to Scott Bicknell.

Email scott.bicknell@canoeracing.org.nz or phone 09 476 8670.

Trivial Pursuit Fundraiser

Trivial Pursuit fundraiser (and silent auction and raffles) being held to raise funds to support Sam Wilson and Zac Franich at the World Cups in Germany.

Where: Orewa Arts and Events Centre (BYO)

When: 29 April 2011, 7.00pm.

Cost: \$20 per ticket, tables of 8-10

Contact: Deb 0274 968 133 / 09 426 9065 , wfranich@ihug.co.nz or Jenny 09 427 5953, smilson@ihug.co.nz

K2 trade

Karapiro Kayak Club have a brand new K2 Accelero (large) which does not suit their paddlers. They're looking for anyone keen to trade for a K2 Supersonic (large). If any club is interested please contact Imelda:

unleashed@xmail.com or phone 021 277 1229.

Marlborough Sounds Portage Kayak Race

14 May 2011, Picton

This 27km kayak and 5 km portage race is not for the faint hearted!

Leg 1: Kayak 10 km from Picton Foreshore to Torea Bay.

Leg 2: Portage 2km Torea Bay to Portage Bay (Portage Complex)

Leg 3: Kayak 7km Portage Bay to Te Mahia Bay,

Leg 4: Portage 3km Te Mahia Bay to Mistletoe Bay

Leg 5: Kayak 10km Mistletoe Bay to Picton Foreshore.

For more information contact Andrea from Marlborough Triathlon and Multisport Club, 03 578 7195.



CEO Newsletter

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Face your deficiencies and acknowledge them. But do not let them master you.

- Helen Keller

As we march into winter we closed the national season with our National Marathon Championships on Sunday and we enter our international season with our Open Sprint team departing for three World Cups on the 1st day of May.

This year is incredibly important for the sport with our focus on qualifying boats at the World Championships to go on to Olympic success in 2012. Balancing that is one message from the clubs at the AGM of "more sport development" and the continual challenge of obtaining funding for that.

High Performance

Late last year we started a recruitment process for a High Performance Coach(es). This process continued early this year, however we were unsuccessful in filling the role with a suitable candidate. It has been decided not to re-advertise the role at this time, however coaching requirements will be reviewed again after the World Championships.

Gordon Walker has been our full time Intern Coach. We are currently negotiating a new full time permanent employment contract with Gordon.

Gordon has recently been accepted into the three year Coach Accelerator Programme. The Programme is highly regarded and difficult to get into with only six coaches selected annually. It is a real credit to Gordon that he has been accepted into the Programme.

Last month our High Performance Manager resigned. At this time we will not be recruiting for a new High Performance Manager however this position will be reviewed as well after the World Championships.

Sport Development

We have been fortunate to recently receive funding from NZ Community Trust for the part time role of Sport Development Co-ordinator for one year. Scott Bicknell has filled the role of Sport Development Assistant since late last year and I am pleased to announce that Scott has accepted a one year part-time contract for the new role of Sport Development Co-ordinator. Many of you already know Scott who brings hands on club and elite athlete experience to the role and a high level of energy! Scott has recently been visiting clubs across the country and receiving feedback on his Sport Development Plan, which will be finalized shortly. Scott is working hard on getting some real traction in sport development across the country this year.

New Member Clubs

It is my pleasure to welcome two new member clubs - Royal Akarana Yacht club and Tasman Bay Kayak Club. This brings our total number of full member clubs to 14 up from 10 a year ago.

Sponsorship

I am pleased to advise that Orca have renewed their support for our sport with uniform sponsorship for another year.

The Team

The Board and management are working really hard together to get the best outcomes for the sport and make real progress in 2011.

The Board members voluntarily devote many hours to meetings and communications. I am grateful to have a Board of such hardworking and skilled people.

The AGM created a lot of uncertainty for myself and my staff. We were pleased to get through it and are all fully committed to the future of the sport. We are here to support the kayak community as best we can so if there is anything we can do to assist, or you have any helpful suggestions, please do not hesitate to contact us. Don't forget we are human to and it's nice to get positive feedback as well.

Please feel free to give me a call or email me anytime even if just for a chat. My mobile phone number is 027 444 3991 and email paula.kearns@canoeracing.org.nz

Regards

Paula Kearns

CEO